# Job Description & Person Specification

# Job title: Self Employed Support Worker

# Location: Bournemouth

# Job Purpose

# We are looking for a Support Worker/ Personal Assistant to provide support to a male adult with a diagnosis of autism and a physical disability. The role will primarily entail accompanying him on shopping trips to varying local areas and assisting with light domestic chores.

# Responsibilities:

# Accompany the individual on shopping trips to various local areas, ensuring a comfortable and supportive environment.

# Assist with selecting items during shopping trips, taking into account preferences and dietary requirements.

# Provide guidance and support during interactions with others in public settings, helping to navigate social situations.

# Perform light domestic chores such as tidying up living spaces, organizing belongings, and light cleaning tasks.

# Maintain a respectful and understanding attitude towards the individual's needs and preferences, ensuring a positive and supportive environment at all times.

# Communicate effectively with the individual, his two main family carers, and to ensure continuity of care and consistency in support.

# Requirements:

# Previous experience in providing support to individuals with autism or similar developmental conditions is preferred.

# Compassionate and patient demeanour, with a genuine interest in providing support and assistance to others.

# Ability to adapt to changing situations and environments, remaining calm and composed under pressure.

# Excellent communication skills, both verbal and non-verbal, with the ability to effectively interact with individuals with diverse needs.

# Reliable and punctual, with the flexibility to accommodate varying schedules and preferences.

# Understanding of basic principles of autism and familiarity with strategies for providing effective support and assistance

# About the individual:

The male adult is a remarkable individual with a heart of gold, a keen wit, and a diagnosis of autism alongside a physical disability. Despite these challenges, his intellect shines brightly, often captivating others with his conversations. His kind and compassionate nature is evident in every interaction, enriched by his delightful sense of humour. The individual finds solace in quieter environments due to his aversion to noise, yet his eagerness to connect with others remains undiminished. He thrives on building relationships slowly, finding comfort in the warmth of those who demonstrate kindness, patience, and a genuine interest in him. He has a passion for wildlife, reading and is a member of MENSA.

**Rate of pay:**

The individual must be self-employed and will be paid an hourly rate of £16.50.

**Hours of work:**

Weekly, Saturday Mornings 10-1pm.

# Main duties

**Social duties:**

Support to:

Accompany the individual on shopping trips to various local areas, ensuring a comfortable and supportive environment.

Perform light domestic chores such as tidying up living spaces, organizing belongings, and light cleaning tasks**.**

**Personal Care:**

No personal care will be necessary.

**Domestic duties:**

# Light household duties, to include:

# Vacuuming (hoovering) floors and carpets.

# Cleaning surfaces such as countertops, tables, and shelves.

# Tidying up living spaces, organizing belongings, and maintaining an orderly environment.

# Qualities

Showing empathy and compassion for the individual:

Demonstrates understanding and sensitivity towards the unique needs and experiences of the individual they will be working with.

**Values:**

Embodies honesty, reliability, and punctuality. Maintains a non-judgmental attitude and possesses the ability to build strong relationships based on trust and respect. Demonstrates flexibility, adaptability, and an easy-going demeanour. Capable of working independently while maintaining a positive and optimistic outlook. Willingness to travel as required. Possesses a deep understanding of equality and diversity and exhibits a good sense of humour.

**Specific requirements:**

Preferably has an understanding of specific conditions relevant to the individual's needs and excellent communication skills.

**Skills, qualifications, and experience**

**Essential:**

* Full driving licence
* car and appropriate business insurance
* knowledge of a particular language or culture
* confidentiality
* good at building relationships
* excellent communication skills both verbally and in writing.

**Preferred**:

* Previous care experience
* likes dogs, wildlife
* a good listener
* ability to support people with additional physical and health needs