## Job Description & Person Specification

Job title: Self Employed Personal Care Assistants (job share) EM/GH

Location: Bournemouth, BH5 area

# Job purpose:

To assist with a variety of tasks which will enable assist the individual who needs care and support to live their personal and social life according to their wishes and interests.

**ADDITIONAL ROLE: Separately, there will also be the opportunity for a role to be extended to involve live-in or overnight support**. **If interested, please discuss this when contacting the employer**.

# About the individual:

The individual is female and lives in a 2-bedroom apartment. Medical condition: dementia, asthma, recurrent urine infections. Spends most of the time in bed/armchair. Mood swings. Memory loss. Speaks English and Russian. Not always understands what language she is speaking. Likes company. Does not leave the apartment unless for a medical appointment (in a wheelchair). Uses walker to move around.

**Rate of pay:**

As self-employed, please provide your rates with your application.

**Hours of work:**

4 hours per day (For example: 8:00-9:00; 12:00-13:00; 16:00-17:00; 19:00-20:00). Flexible hours to be mutually agreed.

Assistant 1: 3.5 days per week + 30min shopping

Assistant 2: 3.5 days per week + 30min shopping

Flexible days to be mutually agreed between two assistants.

# Main duties

**Social duties:** attend medical appointments or be present during home appointments.

**Personal Care:**

support with bathing or showering ▪ teeth cleaning ▪ dressing ▪ administering medication ▪ changing nappies ▪ nails clipping and hair brushing ▪ assistance with getting up and sitting down

**Domestic duties:**

support with grocery shopping ▪ cooking and serving meals, snacks, teas and coffees ▪ washing dishes (in a dishwasher) ▪ laundry ▪ day-to-day cleaning

# Qualities

* Values: honest, reliable, punctual, patient, communicative, respectful.
* Requirements: understanding the specifics of working with people suffering from dementia
* Other (preferred, but not necessary qualities) -Russian-speaking

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**Skills, qualifications and experience**

good physical condition ▪ English-speaking ▪ confidentiality ▪ good at building relationships

# Other Requirements

Essential: If self-employed mention here the paperwork required as evidence of self-employment status

* Provide evidence of self-employment such as Public Liability Insurance, Terms and Conditions, tax reference number.
* DBS Check will be required
* Legally Able to Work in UK