**Self Employed / Support Worker required /4 hours per week /BH6 area (EM/AE)**

**About the Role:** Support worker required for a young man with Down Syndrome living in his family home.

We are looking for a **Support Worker** to provide support to

* Promote independence with bus travel
* Make a shopping list and purchase items
* Cook main meals safely and independently
* Access the gym
* Generally access the community and promote independence
* Do a range of household tasks including laundry from start to finish, hoovering and cleaning his room

**Please provide rates of pay on application**

**Day & Times (TBC, to be discussed at interview stage)**

**For further information, please refer to the attached job description and personal spec.**

The BCP Direct Payments Advice Service is a support service for individuals who are living independently within the community. We are not the person you will work for. You will work for the individual or family we are supporting.

For more information or to discuss the role further, please contact Elizabeth Moore, telephone number 01202 123961.

Please send your CV, quoting reference EM AE and covering letter detailing your suitability for the role to elizabeth.moore@bcpcouncil.gov.uk

## **Job Description & Person Specification**

**Job title:** Self Employed Support worker

**Location:** Southbourne

# **Job purpose:**

To assist with a variety of tasks which will enable/assist the person who needs care and support to live their personal and social life according to their wishes and interests.

# **About the individual:**

The gentleman is 18, a season ticket holder for AFCB and a Brand Ambassador for them. He attends Brockenhurst College 3 days a week and Thrive 2 days a week. He enjoys going out for drinks and meals, playing Xbox and he is an expert on WWE. He has recently started attending the gym. Aidan has Down syndrome.

**Rate of pay:** As self-employed, please provide rates on application

**Hours of work:** **To be discussed at interview stage.**

# **Main duties**

**Social duties:** support to:

* Attend the Littledown Centre Gym
* Keep in touch and socialise with friends
* Attend social events such as music gigs or the cinema

**Personal Care:** Personal care is not required in this role, however, reminders concerning personal hygiene may be required, for example, reminders to shave before going out, shower after the gym etc

**Domestic duties:** Support

* with making a shopping list and then shopping for the items
* to promote independence with cooking and serving nutritious meals and snacks
* to clean/hoover his bedroom
* to decide if clothes require washing, and completing his laundry
* These duties may vary from day-to-day

# **Qualities**

* **Values**: kind, honest, helpful, reliable, punctual, non-judgemental, ability to build good relationships based on trust and respect, flexible, adaptable, easy going, able to work alone, positive, understands equality and diversity, has a good sense of humour.
* **Specific requirements:** Someone who understands the impact Down Syndrome has on learning and development and the best methods of supporting someone with Down Syndrome. Similar interests would be beneficial and if you are an AFCB fan, that would be a bonus.

**Skills, qualifications and experience**

**Essential:**

* good at building relationships
* good sense of humour
* patience
* experience of working with someone with Down Syndrome
* confidentiality
* good communicator

# **Other Requirements**

**Essential:**

* Provide evidence of self-employment such as Public Liability Insurance, Terms and Conditions, tax reference number.
* DBS Check will be required
* Legally Able to Work in UK