

FITNESS CLASS INSTRUCTOR

	Criteria	Essential	Desirable	How Identified
Qualifications	Relevant Fitness Class Qualifications (dependant on class position applied for)	✓		Certificate
	Recognised Fitness Class Qualification Level 2 or above	✓		Certificate
Work Experience	Previous fitness industry experience	✓		Application form and interview
	Experience of designing sessions for specific user groups		✓	Application form and interview
	Experience in taking fitness classes	✓		Application form and interview
Special Aptitude / Skills	Ability to prepare and set-up relevant fitness classes; including applicable equipment	✓		Application form and interview
	Ability to follow procedures and policies	✓		Application form and interview
	Good planning and organisational skills	✓		Application form and interview
	Good level of communication and interpersonal skills	✓		Application form and interview
Knowledge	Knowledge of relevant fitness procedures, protocols and standards, specific to relevant fitness classes	✓		Application form and interview
	Member of REPs (Register of Exercise Professionals)		✓	Application form and interview
Disposition / Attitude	Professional and smart approach and appearance	✓		Application form and interview
	Enthusiastic, positive and motivated	✓		Application form and interview
	Embrace change and new ways of working	✓		Application form and Interview

Short-listing Comments

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Outcome: Interview / Hold / Regret