# Job Description

**Support Time Recovery Worker**

**Role Profile** Operational Grade Band F

**Service/Team** Adult Social Care

**Reports to** Senior Support Time Recovery Worker

**Responsible for** N/A

**Number of posts** 1

**Post number** 103751

**Career Grade** 18.5 hours part time

**My job improves the quality of life for the people of Bournemouth Christchurch and Poole by** engaging with adults and their support networks and build rapport to provide evidence based interventions to meet the identified goals

**Job Overview**

To work within an integrated Community Mental Health Team to support adults who are identified as having mental health needs which impact on their day to day life.

## Key Responsibilities

* To be able to engage with adults and their support networks and to build rapport and provide advice, guidance, interventions to meet the identified goals of the adult.
* Adhere to BCP and Dorset Healthcare policies relevant to the position and responsibilities.
* To proactively develop and network within the community to develop good working relationships and promote smooth delivery of services for adults.
* To facilitate online and face to face groups delivering a variety of interventions
* To work with adults, and their support networks to identify, record and review care and risk plans, and to escalate concerns where appropriate.
* Be able to provide accurate written and verbal reports, correspondence, care plans and record contacts with adults in the electronic service user record on Mosaic.
* To actively participate in supervision including peer supervision.
* Liaising and working closely with the Senior STR worker, line manager and other agencies where required to ensure a quality, best value service.

## Specific Qualifications and Experience

* Work experience in social care or other relevant organisation
* Experience in working as part of a team
* Experience of working with individuals who are living with mental health needs
* Minimum 5 GCSE/O’ level or equivalent.

## Personal Qualities & Attributes

* High level of resilience, calm under pressure
* Good Communication and negotiation skills
* Ability to organise and prioritise work and meet deadlines.
* Computer literate. Confident using online platforms such as MS Teams.
* Awareness of social, legal and political context within which social care services are delivered.
* Ability to provide evidence based interventions.
* Ability to work co-operatively as part of a team.
* Ability to manage tasks effectively on own initiative.
* Flexible and adaptable approach to working arrangements.
* Willing to undertake and contribute to training.

## Job Requirements

* Enhanced DBS check / Ability to speak fluent English
* Must be able to travel, using public or other forms of transport where they are viable, or by holding a valid UK driving licence with access to own or pool car.

This job description is not exhaustive and reflects the type and range of tasks, responsibilities and outcomes associated with this post.