## Job Description & Person Specification

Job title: **Self Employed Support worker**

Location: **Bournemouth BH8**

# Job purpose:

**To assist with a variety of tasks which will enable the person who needs care and support to live their personal and social life according to their wishes and interests.**

# About the individual:

**Female looking for a support worker to assist with daily living tasks and improving confidence and independence. Wife and Mother of two teenagers who has a friendly dog. Enjoys volunteer work and has a lot to offer to the community with the right support.**

**Rate of pay:**

**As self-employed, please provide rates on application**

**Hours of work**:

 **Ideally two days per week 2.5 hours per day, however these will be flexible as mutually agreed.**

# Main duties

**Social duties:**

* **keep in touch and socialise with family and friends**
* **attend adult education classes/volunteer roles**
* **attend medical appointments**
* **do hobbies such as dog walking and accessing the community**
* **attend social events such as music gigs or the cinema**

**Personal Care:**

* **Prompting to maintain physical care and appearance**

**Domestic duties:**

* **support with grocery shopping,**
* **cooking and serving nutritious meals and snacks**
* **Helping to organise and manage the home**
* **Building confidence and skills to manage the home**

**These duties may vary from day-to-day**

# Qualities

* **Values**: **honest, reliable, non-judgemental, ability to build good relationships based on trust and respect, flexible, easy going, positive, willingness to travel, understands equality and diversity or has a good sense of humour**.
* **Specific requirements:** **good life experience and ability to manage difficult situations**
* **Other:** **female applicants only.**

**Skills, qualifications and experience**

**Essential:**

* **driving licence**
* **car and appropriate insurance**
* **confidentiality**
* **good at building relationships**
* **good life experience and ability to manage difficult situations**
* **likes dogs or other pets**
* **computer literate**

**Preferred**:

* **good communicator**
* **a good listener**

# Other Requirements

**Essential**

* **Provide evidence of self-employment such as Public Liability Insurance, Terms and Conditions, tax reference number.**
* **DBS Check will be required**
* **Legally Able to Work in UK**