

EXERCISE REFERRAL CONSULTANT

	Criteria	Essential	Desirable	How Identified
Qualifications	Recognised Level 3 Exercise Referral qualification	✓		Certificate
	Emergency First Aid at Work Qualification		✓	Certificate
Experience	Previous Exercise Referral experience	✓		Application form and interview
	Experience of working with vulnerable clients, both low and medium risk	✓		Application form and interview
Special Aptitude / Skills	Ability to recognise / identify contraindications to exercise	✓		Application form and interview
	High levels of empathy and an ability to work with a wide range of clients, presenting a wide range of conditions	✓		Application form and interview
	Ability to follow procedures and policies	✓		Application form and interview
	Exceptional organisational skills	✓		Application form and interview
	Good level of communication and interpersonal skills	✓		Application form and interview
Knowledge	Sound knowledge of relevant Health and Safety within the Exercise Referral industry	✓		Application form and interview
	Member of REPs (Register of Exercise Professionals)		✓	Application form and interview
Disposition / Attitude	Professional and smart approach and appearance	✓		Application form and interview
	Caring and emphatic nature	✓		Application form and interview
	Embrace change and new ways of working	✓		Application / Interview

Short-listing Comments

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Outcome: Interview / Hold / Regret

