## Job Description & Person Specification

Job title: Personal Care Assistant

Location: Bournemouth, BH7 area

# Job purpose:

This is an exciting opportunity to join a small team of Personal Care Assistants to support an individual to attend a 3 days week placement at farms (Tuesday, Wednesday & Friday) and to help assist with communication and care.

You will be supporting a young female adult who has learning disabilities, Autism, associated sensory integration needs and displays obsessive compulsive and seasonal effective disorder. They use a combination of gestures leading adults to what they want by vocalisations and one-word requests to communicate basic needs.

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# About the individual:

She is a fun and active individual who is a joy to be around. She is happy, interactive and has a wicked sense of humour. The individual enjoys visiting local areas, including the New Forest, the beach and has regular access to leisure activities including swimming, bowling & golf.

She also enjoys listening to her music, watching Disney films and thoroughly enjoys food.

**Rate of pay:**

Employed rate: £11.00 per hour.

**Hours of work:**

54hours per week to be shared between a team of PAs.

The following hours are available:-

AM visits, 2 hours per day, Mon to Fri, personal care 7.30am to 9.30am

PM visits, 2 hours per day, Mon to Fri, personal care, 6.30pm to 8.30pm

5 hours Saturday to attend community visits & personal care, 12pm to 5pm (Some flexibility with times)

5 hours Sunday to attend community visits & personal care, 12pm to 5pm (Some flexibility with times)

8 hours x 3 days per week to accompany client to attend working farms, Tuesdays, Wednesdays & Fridays 9.30am to 5.30pm.

1:1 support is required both at home and in the community to ensure the client’s safety.

Applicants should specify which hours they are available and wish to be considered for.

# Main duties

**Social duties:**

* Supporting the young female to complete her magazine round delivery.
* Making use of necessary facilities or services in the local community.
* Accessing and engaging in work, training, education, or volunteering.

**Personal Care:**

* Prompting and supporting with bathing or showering
* Help with washing hair
* Helping with applying creams
* Making sure individual is clean and comfortable after using the toilet
* Help the individual to dress in clean and appropriate clothes (independently).

**Domestic duties:**

* Help with basic housework
* Help in accessing nutritional meals.

These duties may vary from day-to-day

# Qualities

* **Values**: honest, reliable, punctual, non-judgemental, ability to build good relationships based on trust and respect, flexible, adaptable, easy going, able to work alone, positive, willingness to travel, understands equality and diversity or has a good sense of humour.
* **Specific requirements:** Experience of autism/learning disability would be an advantage, although training will be given.

**Skills, qualifications and experience**

**Essential:**

* driving licence
* car and appropriate insurance
* able to swim
* confidentiality

**Preferred**:

* good communicator
* a good listener
* ability to support people with behaviours which challenge.

# Other Requirements

* DBS Check will be required
* References
* Legally Able to Work in UK

**Job Reference** EM/JBRT/22315