## Job Description & Person Specification

Job title: **Self Employed Personal Care Assistant**

Location: **BH15**

# Job purpose:

**To assist a lady with a variety of tasks which will enable the person who requires care and support to live their personal and social life according to their wishes and interests. Support with daily tasks and support with community re-integration and some support required with meal preparation.**

# About the individual:

**The lady’s mobility can be intermittent, walking stick is used around the home, wheelchair for longer days out.**

**Overly independent likes being able to do things for herself but will do too much and cause damage to her body.**

**Service user has 2 dogs and enjoys walks on the beach locally.**

**Service user has had c-ptsd since early childhood as well as seizures.**

**No challenging behaviour.**

**Service user is extremely fearful of the outside world.**

**Service user needs encouragement to eat.**

**Rate of pay:** **Self-employed carers to state the following rates of pay on application.**

**Hours of work:** **5 hours per week**

# Main duties

**Social duties:**

* **keep in touch and socialise with family and friends**
* **attend medical appointments**
* **do hobbies such as dog walking, yoga or playing a sport**
* **attend social events such as music gigs or the cinema**

**Personal Care:**

* **support in and out of bath**

**Domestic duties:**

* **support with grocery shopping,**
* **cooking and serving nutritious meals and snacks**
* **cleaning, changing linen, laundry, ironing**

**These duties may vary from day-to-day**

# Qualities

* **Values**: **honest, reliable, punctual, non-judgemental, ability to build good relationships based on trust and respect, flexible, adaptable, easy going, able to work alone, positive, willingness to travel, understands equality and diversity or has a good sense of humour**.
* **Specific requirements:** **someone with an understanding of a specific condition.**
* **Other:** **Due to the nature of this role including medical/personal care the potential employer will be considering female applicants only.**

**Skills, qualifications and experience**

**Essential:**

* **driving licence**
* **car and appropriate insurance**
* **confidentiality**
* **good at building relationships**

**Preferred**:

* **good communicator**
* **likes dogs**
* **a good listener**

# Other Requirements

**Essential:**

* **Provide evidence of self-employment such as Public Liability Insurance, Terms and Conditions, tax reference number.**
* **DBS Check will be required**
* **Legally Able to Work in UK**